

This helpsheet is to give you some ideas for starting your list if you're feeling stuck. It's also to explain that there's no wrong way to do it. It doesn't have to be especially innovative, erudite or take a lot of time or effort (unless you're in that sort of mood). It's just a reflection on what you have come across that has influenced your thinking this month, and these small moments of learning are always interesting.

Your list could comprise just a clip from a TV show, with no explanation. Or, it could be a passage from a book that you love so much you want to write pages and pages about why everyone else should read it. It could be a sound recording, which reminded you of a poem, which reminded you of a film. It could be an essay you read on the 1st of the month and a film which you saw the night before you wrote your list, which, now you put them together, make you realise that you've been unconsciously seeking out things about cheese.

It can be a good plan to set aside an hour or so near the end of the month to reflect and put together the list. (Whether you're listing or not, some time each month for reflection is a nice way to go about things.)

See below for a couple of examples of how people go about putting their lists together, and what a submission email can look like.

read back through the notes I've made since the beginning of the month

diary entries

internet bookmarks

notebooks

make a list of the ones which stand out as most relevant or interesting to me right now

I want to carry on learning about

has stuck with me strongest + longest

whittle it down by choosing what...

illuminates a topic that's sticking out

compile them, and if I feel like it, write why I find them interesting - often copying notes in notebooks

throughout the month, bookmark pages in my books and make notes of links between things I read as I go, often taking snaps in my phone

a week before the end of the month, have a sit down and look back through things

think about it through the week and at the end choose 2 or 3 things that have kept coming back into my mind during that time

I work out why I want to use the entries while writing the email into Longtime Listeners - I find it easier to explain when composing the email because I find talking to people the best way - I get excited to share!

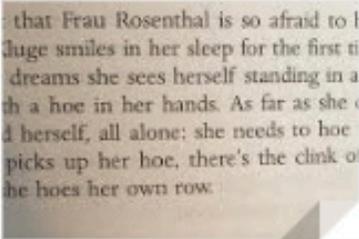
Example email formats

March list list uploaded x  

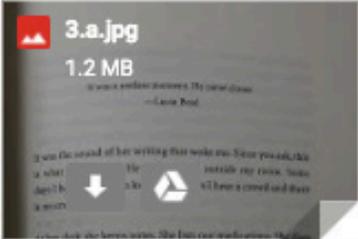
olivia wiles
to me ▾ 📧 Wed, Apr 1, 5:01 PM (8 days ago)   

1. Alone in Berlin, Hans Fallada
2. The BFG, Roald Dahl
3. From Anne Carson's Decepcion
4. Sheet music for The Conversation, David Shire
5. Pride and Prejudice, 1995 <https://www.youtube.com/watch?v=SXmn3s-vHzc>

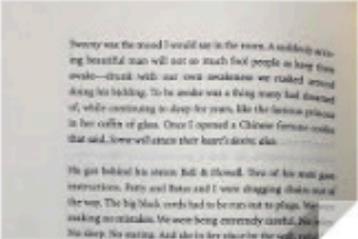
8 Attachments  



... that Frau Rosenthal is so afraid to l...
... huge smiles in her sleep for the first ti...
... dreams she sees herself standing in a...
... th a hoe in her hands. As far as she...
... d herself, all alone; she needs to hoe...
... picks up her hoe, there's the clink o...
... he hoes her own row.

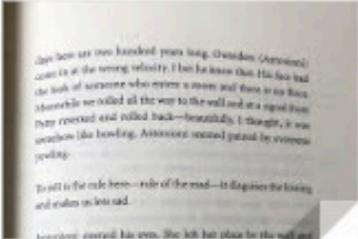


3.a.jpg
1.2 MB
It was the sound of her writing that woke me. I saw you sitting...
at what... the... outside my room. You...
didn't b... to... all have a crowd and there...
a word?



Every one the crowd I would see in the years. A solidly smil...
ing beautiful man will not so much feel people as long they...
awoke—struck with our own weakness we rushed around...
doing his bidding. To be awake was a thing many had dreamt...
of, while continuing to sleep for years, like the famous prison...
in her coffee of glass. Once I opened a Chinese fortune cookie...
that said, I see you stand their heart's desire, also.

He got behind his screen. But it showed. One of his main g...
conversations. Patsy and I and I were digging desks out of...
the way. The big black seeds had to be run out to plant. Not...
making no mistakes. We were being extremely careful. No...
No sleep. No eating. And she is her place in the wall and...



After that we were hunched years long. (Gwendolyn (Anon...))
... comes to at the evening velocity. I had to know that. His face had...
... the look of someone who enters a room and there is no time...
... shewable he rolled all the way to the wall and at a signal from...
... they reversed and rolled back—beautifully. I thought, it was...
... somehow like bowling. Anon... seemed pleased by extreme...
... spooling.

To all in the rule here—rule of the road—it digresses the living...
and makes us into said.

Anon... opened his eyes. She left her place in the wall and...

sarah...January list...friendship list uploaded x



Sarah LJ

Wed, Feb 12, 11:51 AM



to me ▾

Hello Liv and Lili,

Just two entries from me for January, both are to do with friendship. The first is from Céline Condorelli who has a long term interest in support and support structures. I came across her writing in the book 'Self-Organised' published by Open Editions that my friend Valerie was posting quotes from on Instagram and so I read some in the library and bought it myself. In this book Céline Condorelli's essay 'Too Close To See: Notes on Friendship...' about friendship and how we work together, something that is on my mind all the time especially working on Longtime Listeners List together, as friends. I looked into what else she has been working on and came across this project 'How to Work Together' described on the project's website as, 'a shared programme of contemporary art commissioning and research paper organised between 2014 and 2016 by three innovative not-for-profit London galleries: Chisenhale Gallery, The Showroom and Studio Voltaire'. The think tank section is where I found myself when searching for Céline Condorelli's work. I have not looked into the think tank fully but it is described as a library of research produced over the three years 'How to Work Together' was active and I think I would like to delve into it further; especially as we create this list club, book club, reading group, radio show..... I am including a link to part one of a conversation between Céline Condorelli and her friend Avery F. Gordon for listeners to read and some screenshots of parts of the conversation I was particularly into.

My second entry is Dom Ridler's radio show on NTS London. Ah what a treat to listen to! I was glad to come across this, my housemate Rosanna sent me a link to the show. When we were talking about bodily reactions to experiences or reading in our Longtime Listeners List radio show on Resonance 104.4 FM this month, and Olivia your comment on reading Pond by Claire-Louise Bennet as 'writing that made your face hot' and this feeling has stuck with me and I experienced it when listening to Dom Ridler's show 'Up the Beanstalk' whilst zipping round London on the overground. I felt like I was being let into a secret through my ears as the hustle bustle surrounded and squeezed me in. Listening to this was a delight, I am attaching the link here for listeners to listen to and some notes I made while listening; re-written because the first were too spidery to decipher.

themes within my entries - friendship, working together, preparation, oppression, survival